

Why Real Dose Nutrition

Links to purchase Real Dose Products

Link to Real Meal GF Protein

<https://www.realdosenutrition.com/products/realmeal-gf-mix-match-flavors?rfsn=2025937.0af76e>

Link to Real Reds

<https://www.realdosenutrition.com/search?q=reds&type=product&rfsn=2025937.0af76e>

Link to Weight Loss Formula 1 Pills

<https://www.realdosenutrition.com/products/weight-loss-formula-no-1?rfsn=2025937.0af76e>

About RealDose Nutrition

RealDose Nutrition is a company that manufactures a line of weight loss supplements that provide all necessary ingredients, **in just the right dose**. The company is based in Aurora, CO, and was established by **Chief Medical Officer Steven Sisskind, MD**. According to Dr. Sisskind, RealDose Nutrition products provide two primary benefits:

The Right Ingredient

The company claims that many other nutritional supplement manufacturers test their products on mice or rats, but whatever results may be achieved using this method, there is no assurance that it will produce a similar effect on humans.

As a result, RealDose Nutrition claims that their test results are;

Backed by Human Studies

That compare active ingredients to placebos. In other words, they claim to have the data to back up their product performance claims.

The Right Dose

According to RealDose Nutrition, many supplement companies **hide dosage information** for each ingredient by claiming that their product is a “proprietary formula.” If consumers were to learn of the actual dosage information though, they would quickly realize that the quantities of the active ingredients are not high enough to

have a substantial effect. And, similar to a snowball effect, other companies have adopted this tactic as well, since they don't want to cut into their profits.

However, as their name implies,

RealDose Nutrition **GUARANTEES** that all their products contain scientifically proven dosage amounts for each active ingredient.

RealDose Nutrition Products

The most popular RealDose Nutrition product is their:

Weight Loss Formula No. 1, which claims

- to Increase Fat Burning
- Decrease Appetite
- Relieve Stress and
- Boost Mood

using four primary ingredients—all at just the right dose, of course.

REALMEAL GF - MIX & MATCH FLAVORS

WHY PEOPLE ARE DITCHING THEIR ORDINARY PROTEIN POWDER FOR REALMEAL GF™

RealMeal GF™ provides a complete meal in only 120 nutrient-dense calories and is available in both natural chocolate and vanilla flavors.

- Non-GMO and soy-free.

- Tastes Delicious!
- Naturally sweetened with monk fruit.
- Smooth texture and "no blender needed" mix-ability.
- Contains over one-third of your daily protein requirement.
- Contains only 120 nutrient-dense calories.
- Naturally suppresses your appetite without stimulants.
- Helps control blood lipids and blood glucose levels.
- Helps aid in liver detoxification so you can process fat more efficiently.
- Contains no gluten, growth hormones (rBST or rBGH), antibiotics or pesticides.
- Less fat and fewer calories than the original formula.

**AND THE BEST PART, REALMEAL GF™
CONTAINS NON-DENATURED GRASS-FED WHEY
PROTEIN**



GF Means Grass-Fed and Gluten Free

Our grass-fed cows only graze on natural grasses, legumes, and herbs that grow naturally in Australian pastures. They live a natural "cow's life" and their milk delivers the purest whey on the planet.

In order to preserve its natural benefits, our whey is non-denatured, never exposed to high temperatures when processed, thus retaining its full biological activity.

REALREDS

COULD ONE TABLESPOON OF THIS POWDER REALLY HELP DO ALL THIS?



- **Support weight loss by reducing fructose and unnecessary calories?**
- **Reduce visible signs of premature aging*₁**
- **Protect your skin from free radicals and oxidative stress*₂**

- **Promote the growth of beneficial gut bacteria**, leading to overall digestive and immune health*₃
- **Reduce muscle pain** and inflammation*₄
- **Protect your body** against excess exposure to pollution, intense exercise and even smoking*_{5,6,7}
- **Reduce your inflammatory response** and protect your cells against oxidative damage*_{8,9,10}
- **Help maintain your vitality and energy levels**, and reduce fatigue*₁₁
- **Perfect for low carb, Paleo, and even Ketogenic Diets**

RealDose Nutrition Pricing and Return Policy

RealDose supplements range anywhere from \$48-\$68 per bottle, though you can also purchase them in three or six-bottle bulk orders. Essentially, the more you buy, the less each bottle costs.

RealDose Nutrition does stand behind each of their products, and offers a

One-Year “You Must be Thrilled” Money Back Guarantee.

If you’re unhappy with your results, simply return the **unused** portion of your supplement for a full refund, no questions asked. The only action you’ll need to take is to call (800) 928-5580 in order to initiate the refund process.

Outside testing:

- You can rest assured that the dosage for all active ingredients in the supplements are correct.
- All supplements have undergone scientific testing, including **human trials**.
- One-year **“You Must be Thrilled”** money back guarantee on all products.

About RealDose Nutrition

RealDose Weight Loss Formula No. 1 distinguishes itself from other products by ensuring customers that they are getting the **Right Ingredient at the Right Dose**. Their products are natural and are manufactured in the U.S. With the **strict standards** of their development and manufacturing process they ensure their products are safer and their customers will have better results.

The Primary focus on providing precisely calculated amounts of each ingredient in their pills as well as the right ingredients, they made this their “RealDose Promise.”

The concept behind the combination of ingredients in RealDose Weight Loss Formula No. 1 is targeted toward removing the four (4) fat burning hormonal barriers by turning food into energy so dieters melt excess fat away quickly.

The ingredients in this supplement include:

- Dolichos Biflorus seed extract
- Betel extract
- Decaf Green Coffee
- Siberian Rhodiola Rosea and
- Pepper extract.

Real Dose Weight Loss Formula No. 1 is stimulant free, **non-caffeinated** and **not addictive**. It is made of natural ingredients, **non-gmo**, Vegan-made and certified kosher. They don't contain gluten, dairy products, soy or eggs.

Dolichos Biflorus seed extract combined with Betel extract is a blend used to boost adiponectin in your body by 15.3%.

Adoponectic is a fat burning hormone. This combination also decreases ghrelin, a hunger hormone, by 17.3%.

The Decaf Green Coffee contains chlorogenic acids, promoting weight loss by regulating blood sugar and backing up glucose production of the liver.

These are the two main components of the supplement used for weight loss.

The Siberian Rhodiola Rosea reduces stress, anxiety, fatigue and improves mood;

all of these benefits contribute to lower cortisol levels. When any individual starts a diet, controlling anxiety is going to help them avoid forming a nervous eating habit. The fourth component, pepper extract, is used to aid the body's ability to absorb the ingredients within the pills by a process called thermogenesis.

People's bodies react differently to different weight loss products. Some may lose weight quicker than others, some may not lose weight initially, but they may lose inches.

Establishing healthy eating habits and exercising regularly is recommended with any diet or while using any weight loss supplement. Diet pills shouldn't be solely relied on as a magical weight loss tool.

Disclaimer:

Health supplement companies, may or may not, extend the full truth about their ingredients.

Talk to your physician about any supplements, including the manufacturer of that supplement, prior to adding it to your daily regimen. Your physician will be able to direct you to a reputable brand that is safe and effective.

Disclaimer:

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease." The information provided came from the RealDose company website.

All claims listed above cannot be verified and are the opinions of RealDose and their users of the product.

**Please see your doctor before starting this or any plan.
This information is entirely for entertainment purposes only.**

